

The need

Few issue that administrators face evoke as much concern as youth suicide. As this issue has gained prominence, so have the many programs being offered. Schools looking for guidance are often inundated with guidebooks, training programs and presenters. Sorting out how a school should be investing its limited resources can be a daunting task.

Need teacher training?

Has your school been affected by suicide loss?

What to do when a student is at risk?

How to prepare your crisis team to respond?

Handouts for parents?

Need help? Contact us:

Pat Breux, BSN
State Coordinator of School and Youth Initiatives
Suicide Prevention Center New York (SPC-NY)
150 Broadway, Menands NY 12204
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Pat.Breux@omh.ny.gov
www.preventsuicideNY.org

NYS OMH Suicide Prevention Office

New York State recognizes suicide as a serious statewide public health problem and accordingly has established suicide prevention as a top priority. Our mission is to reduce the number of suicides in New York State through awareness intervention; suicide prevention and early intervention saves lives. The approach to prevent suicides must be collaborative in order to create supportive environments and strengthen community actions.

How we can help

We strive to meet the unique needs of our communities by providing specifically tailored consulting about your training and policy needs. The last several years have seen an expansion of research in all aspects of suicide prevention. Our staff stays current on knowledge and seeks opportunities to share new tools and resources.

School-Based Suicide Prevention

We are prepared with current best-practice recommendations to support schools, whether they are just beginning to review suicide prevention and postvention policies, or they are moving toward comprehensive implementation of suicide prevention practices. Please contact us for access to any of the resources or materials found in this brochure.

Links to Trainers

We are connected to a network of skilled, certified trainers able to address awareness, intervention skills, postvention and community planning for suicide prevention.

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Contact us, we can help! Together, we can save lives.

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Office of
Mental Health

Suicide
Prevention
Office

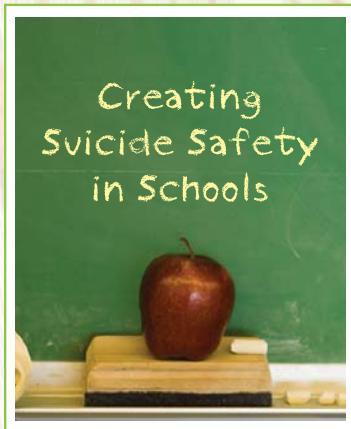
Resources for Schools

Tools and Resources available
through the New York State
Suicide Prevention Center

Together, we can save lives.



Creating Suicide Safety in Schools Workshop



The Workshop

The 6 hour workshop is for school planning teams. What the planning team looks like varies greatly from school to school; administrators, student services personnel, counselors, nurses, social workers,

health educators and community service providers associated with the school.

Workshop Objectives

This workshop is designed to help school personnel:

- Assess existing suicide prevention and response readiness
- Receive guidance in current best practice in

school based suicide prevention

- Develop a customized implementation plan
- Access free and low cost resources

Six broad categories of school-based suicide safety are discussed:

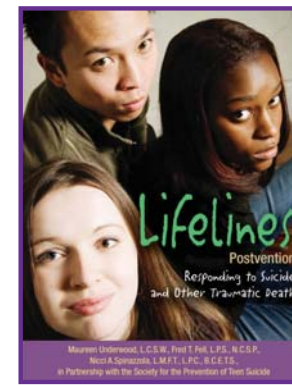
1. Policies, procedures, and standardized protocols
2. Staff and faculty training
3. Promotion of student protective factors
4. Intervening when a student is at risk
5. Plan for after a suicide death
6. Engagement of family and community supports

Participants spend time problem-solving and action-planning through the use of small and large group discussions, checklist, group planning documents, and exposure to free and low cost resources that meet best practice standards.

This workshop is endorsed by the New York Association of School Psychologists. It is offered free of charge to public and private schools throughout New York State.

Sources of Strength

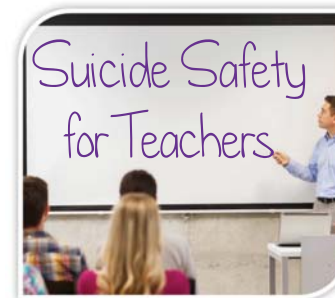
A best practice youth suicide prevention project designed to harnesses the power of peer social networks to change unhealthy norms and culture, ultimately preventing suicide, bullying, and substance abuse. The mission of Sources of Strength is to prevent suicide by increasing help seeking behaviors and promoting connections between peers and caring adults. Sources of Strength moves beyond a singular focus on risk factors by utilizing an upstream approach for youth suicide prevention. This upstream model strengthens multiple sources of support (protective factors) around young individuals so that when times get hard they have strengths to rely on.



Lifelines Postvention

School response to suicide and traumatic death. The untimely death of a student or staff member is an inevitable part of life in schools. Preparation to manage the extraordinary

challenges that are presented when the death is by suicide or other traumatic means, can make all the difference. This workshop presents key principles of response and recovery for school personnel charged with leadership in the face of such tragedies.



This brief training is designed to meet the basic suicide prevention awareness needs of school faculty and staff. Delivered by certified local trainers, this one hour offering reviews basic information

about suicide and prevention, including the critical but limited role of teachers in recognizing warning signs and making a warm handoff.

